



UPDATE

**Volume 1
Issue 5**

December 2009

Editors:

Pam Pihlblad

Gloria Elliott CPS

Special points of interest:

- Mark your calendars for the meetings!
- Start your plans for ODAM

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President's Message

The month of December is a joyful season! Starting with the fun and entertaining Christmas at Chenoweth social brought to us by Nancy McGregor and her crafty helpers, and captured for our archives by our chapter photographer Nancy Wagner CPS and her helpers. It also was a great pleasure to be able to help those in need by donating items that were placed underneath the tree by our members and guests alike. This emphasizes yet another way this year's theme of "Helping hands lighten the load" is truly working!

The first week of this month I participated in a survey that was sent to all chapter presidents on how administrative assistants help organizations grow, and what new projects they prefer to support. Look for the results of this survey in April 2010 during Administrative Professionals week. Also this month I will be participating in Ohio Divisions' Conference Call, where each president is encouraged to listen and give suggestions to better help their chapter in retaining / recruiting new members, enjoyable (painless) fundraisers, and other items that I will share with you in the next Update.

Just a reminder that all participat-

Membership /Welfare Committee

Gloria Elliott CPS

Tire Town Chapter has a total of 74 members that include two Associate members, 17 merited members and 55 professional members. We have one new member to welcome at our January Chapter meeting. Her name is Tamara Morris. We also have one service award to present.

ing Chapter newsletters can be accessed online for your viewing and reading pleasure at Ohio Division's website www.iaap-ohio.org.

On a personal note I would like you to know that I so enjoy spending time with my granddaughters at every age and stage of their lives. They have learned to shop with me when I'm in between paychecks (used to be called "window shopping"), and we laugh a lot when we make a mess baking cookies. This month's cookie project is making and decorating an individual snowman cookie and personalizing it with a relative's name. It is so refreshing and rewarding to see life through the eyes of young people.

As Christmas day approaches, I thank God that you are all in my life, that I have a job that I truly like, and that Jesus is the reason for the season! Have a blessed holiday!

Signing off with a thought!

Laughter is the closest distance between two people.

Mary Alice



"Helping hands lighten the load"

Mary Alice McLean, President

Nancy McGregor, President Elect

Alice Goers CAP, Vice President

Amy Tackett CPS, Secretary

Davina Dennis, Treasurer

Pattie Harris, Parliamentarian

Pam Pihlblad, Past President Advisor

Committee Reports



Roster Changes:

NEW MEMBER

TAMARA MORRIS

4175 Darrow Rd, #38
Stow, OH 44224-2656
Professional Member
Membership Date: October 2009
Birthday: January 6
Home: 330-990-5074

The Goodyear Tire & Rubber Co.

1144 E. Market St.
Akron, OH 44316-0001
Phone: 330-796-6581
Fax: 330-796-4802
E-mail: tamara_morris@goodyear.com

JENNIFER ZELENKA (John)

4128 Westbourne Blvd.
Copley, OH 44321-2819
Professional Member
Membership Date: September 2009
Birthday: October 5
Home: 330-666-0995
Cell: 330-283-8879
E-mail: jazworkout@yahoo.com (Preferred)

ITT Technical Institute

3428 W. Market St.
Akron, OH 44333-3308
Phone: 330-865-8650
Fax: 330-865-8636
E-mail: jzelenka@itt-tech.edu

CHANGES

GLORIA ELLIOTT CPS (Page 13)

Remove work information
Use home as preferred contact information

BECKY S. HANDLEY CPS/CAP (Page 15)

Correct E-mail address: rsh3280@msn.com

JANE M. HECHT (Page 16)

Effective December 7—New Work Information
Akron General Partners Physician Group
3600 W. Market St., Suite 102, Akron, OH 44333-4540
Phone: 330-344-4001
Fax: 330-665-8277
E-mail: jhecht@agmc.org (Preferred)

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Have you checked the websites lately?

www.tiretown-iaap.org; www.iaap-ohio.org; www.iaap-hq.org

Get informed!!

Submission Dates for future Updates

January 4
February 5
March 5
April 2
May 7
June 4

Christmas Social 2009



A wonderful time

Was had by all!

Thanks to the
Social Committee.

See all the pictures at

The January Meeting



Happy Birthday

December

<i>Gloria Elliott CPS</i>	10
<i>Ann Saccone CPS</i>	12
<i>Shawanna Swartz</i>	22
<i>Jennifer Reakes</i>	24
<i>Jody Harkcom</i>	27

January

<i>Nancy McGregor</i>	5
<i>Audrey Sams</i>	7
<i>Deborah Pfeil</i>	11
<i>Sharon Purvis</i>	14
<i>Peggy McCann</i>	16

Take this vitamin for a stronger heart

There's no such thing as a magic for your health, but vitamin D comes close. It may protect against cancer, and now a study reveals it could slash heart disease and diabetes risk too. Researchers found that people with the lowest levels of the nutrient were three times more likely to have metabolic syndrome—a precursor of the two conditions—than those with the highest levels. "We also discovered that the more vitamin D people had in their bloodstream, the higher their "good" HDL cholesterol levels were". A recent study shows that women who were deficient in D were three times as likely to develop high blood pressure over the next 15 years than those who had adequate levels.

SHAPE MAGAZINE

December 2009 Issue

Tire Town Chapter - I.A.A.P.

IAAP—Tire Town Chapter

Vision

*To inspire and equip all
administrative professionals to
attain excellence.*

We're on the Web

www.tiretown-iaap.org

Remember to submit your reservation!

January Chapter Meeting

Tuesday, January 26, 2010
Sheraton Suites Akron / Cuyahoga Falls
1989 Front St., Cuyahoga Falls

Social Hour: 5:00pm

Dinner: 6:00pm

Business Meeting: 7:00pm

Speaker: Detective Jeff Danes

Cuyahoga Falls Police Department

“Identity Theft”

We will be honoring our “Member of the Year”!

Come to see who it is—it could be YOU!